



CYNGOR IECHYD CYMUNED  
COMMUNITY HEALTH COUNCIL

Do you want to make  
a difference whilst  
improving your CV?





Community Health Councils (CHC) are the independent voice of people who use health services. We are made up of local volunteers who act as the eyes and ears of the patients and the public in Wales.

CHCs are looking for young, enthusiastic people to bring their voice to health related issues.

**Becoming a CHC member will enable you to:**

- Learn new skills
- Boost your confidence
- Gain experience for your CV
- Gain potential references.

## As a CHC member you will:

- Consider health issues from the public's viewpoint
- Visit local services to hear from patients about their experiences
- Look at local and national health services proposals to make sure they meet the needs of local communities
- Meet regularly with NHS managers to make sure services meet the needs of local people
- Speak to people in their communities about their views and experiences of the NHS services.

## Why Volunteer?

Volunteering with us helps develop your skills and gain experience in communicating, decision making and team work. This can build your confidence and help make you stand out from the crowd when it comes to getting a job. It is a great way to make your mark on a cause that you care about.

You will receive full training and support to enable you to carry out your role and any out of pocket expenses such as travel will be reimbursed.



## **Do you want to know more about becoming a CHC member?**

Find out more, please contact:

[www.wales.gov.uk/publicappointments](http://www.wales.gov.uk/publicappointments)  
02920 825 454

[www.communityhealthcouncils.org.uk](http://www.communityhealthcouncils.org.uk)  
02920 235 558

If this is not for you, please consider passing this leaflet to anyone you think may be interested in becoming a CHC member.

